

Sunday, 10th May 2026

LIVING BY THE WORD: RESTORED TO COMMUNION WITH OUR TRIUNE GOD

Feasting on Christ, the Eternal Word,
and Sitting at His Feet

Texts: John 1:1–14; Luke 10:39–42;
Romans 8:14–17; John 17:3

THE GOD WHO INVITES US TO HIMSELF

My Dearest Christian Family,
This Lord's Day, we lift our hearts to
behold our Triune God—Father, Son,
and Holy Spirit—who not only created us

but lovingly calls us into deep and living communion with Himself.

Before time began, God was not lonely, nor lacking. Within Himself was perfect, eternal fellowship:

The Father loved the Son, the Son delighted in the Father, and the Holy Spirit was the bond of that infinite love.

Our Lord Jesus declares:

“Thou lovedst me before the foundation of the world.” — John 17:24

Augustine of Hippo wrote:

“God is love, not because He needs us, but because within Himself there is eternal love.”

From this fullness of love, God purposed to create a chosen people—His children—who would share in His glory and become co-heirs with Christ.

I. THE REVELATION OF GOD: ELOHIM, YAHWEH, AND ADONAI

Beloved, God has not left Himself unknown. In the Old Testament, He revealed His name in rich and glorious ways.

He is Elohim—the mighty Creator:
“In the beginning God (Elohim) created the heavens and the earth.” — Genesis 1:1

He is Yahweh—the covenant-keeping, self-existent, self-revealing God:

“I AM WHO I AM.” — Exodus 3:14

He is Adonai—our Lord, to whom we bow in reverence and love:

“O LORD, our Lord, how majestic is Your name in all the earth!” — Psalm 8:1

These names do not describe different gods, but one God revealing His fullness—His power, His faithfulness, and His lordship.

However we note that Elohim appeared 2600 times, Yahweh appeared 6800 times and Adonai appeared only 400 times in the Old Testament.

Many of us know God as Elohim, our great Maker, many knows Him as Yahweh, the self revealing God but very few know Him relationally as Adonai, my beloved Lord.

The word Adonai appeared most in the book of Ezekial and the book of Daniel. These two books were pointing prophetically to the future incarnation of our beloved Christ.

When Christ came, He restored the relationship with our beloved Abba Father. He taught to pray reverently and endearingly to our Abba Father not just as our maker. Through the blood of Christ, the last Adam, He has restored

our loving relationship with our beloved Abba Father.

We no longer need to hide from Him for our sins but we surrender to Him and we repent of our sins. In this way we are adopted as God's chosen children whom He treasures.

We become the bride of Christ!

Yet here is the searching truth:
Many know God as Elohim, their Creator.

Some know Him as Yahweh, the God who reveals Himself.

But few truly know Him as Adonai—our beloved Lord.

Our Lord Jesus warns:

“Why do you call me ‘Lord, Lord,’ and not do what I tell you?” — Luke 6:46

John Calvin said:

“We cannot know God as He is unless we also know Him as our Lord, to whom we owe obedience.”

Thus, true communion is not merely knowing about God—it is bowing before Him as Lord and loving Him with all our heart, our soul, our mind and our strength.

II. THE ETERNAL WORD: CHRIST OUR CREATOR AND LIFE

“In the beginning was the Word, and the Word was with God, and the Word was God.” — John 1:1

Before creation, there was the Word—not a sound, but a Person—eternal, divine, uncreated.

“And the Word was made flesh, and dwelt among us...” — John 1:14

This Word is our beloved Lord, Jesus Christ.

“All things were created by Him, and for Him.” — Colossians 1:16

“By Him all things consist.” — Colossians 1:17

John Calvin wrote:

“The Word was not a sound uttered, but the eternal Wisdom of God.”

Herman Bavinck declared:

“In Christ, the Word, God has spoken fully, finally, and savingly.”

III. CREATED FOR COMMUNION—LOST IN SIN

God created man not merely to exist—
but to commune with Him:

“So God created man in His own
image...” — Genesis 1:27

Adam walked with God in joy and
intimacy.

But sin shattered that communion:
“I was afraid... and I hid myself.” —
Genesis 3:10

Communion became separation.
Joy became fear.
Love became hiding.

Martin Luther said:
“Man is curved inward upon himself.”

IV. CHRIST THE LAST ADAM: RESTORING OUR RELATIONSHIP

What Adam lost—Christ has restored.
“As in Adam all die, so also in Christ shall
all be made alive.” — 1 Corinthians
15:22

Through His life, death, and resurrection:
“We have peace with God...” — Romans
5:1

And more than peace—we have
adoption:

“By whom we cry, ‘Abba! Father!’” —
Romans 8:15

Here is the glory:

Through Christ, we know God not only
as Elohim and Yahweh, but as our
beloved Abba Father, and we submit to
Him as Adonai.

J. I. Packer wrote:

“Adoption is the highest privilege that
the gospel offers.”

We no longer hide—we are welcomed.
We no longer flee—we draw near.
We no longer stand condemned—we are
beloved children.

V. HOW WE COMMUNE: THROUGH CHRIST THE WORD

My beloved Family, the same Christ who
saved us is the One through whom we
commune with God.

If Christ is the Word—then the Word is
not mere information.
The Word is our life.

“Man shall not live by bread alone, but
by every word...” — Matthew 4:4

We do not merely read the Word—we feed on Christ through the Word:

“Thy words were found, and I did eat them...” — Jeremiah 15:16

We must:

- Drink the Word
- Feast on the Word
- Breathe the Word
- Sing the Word

Because in doing so—we commune with our beloved Christ Himself.

Jonathan Edwards said:

“In the Word, Christ is communicated to the soul.”

VI. SITTING AT HIS FEET: THE POSTURE OF TRUE COMMUNION

“Mary... sat at Jesus’ feet, and heard His word.” — Luke 10:39

“Mary has chosen the good portion...” — Luke 10:42

Mary shows us the true posture of the Christian life:

Not busyness.

Not mere duty.

But communion.

A. W. Pink warned:

“The neglect of Scripture is the neglect of God Himself.”

VII. THE WORD THAT SANCTIFIES AND TRANSFORMS

“Sanctify them through Thy truth: Thy word is truth.” — John 17:17

“The word of God is... living and active...”
— Hebrews 4:12

Every time we sit under the Word—
Christ is at work in us.

Thomas Watson said:

“The Scriptures are the golden pipe
through which the golden oil of salvation
flows.”

VIII. THE SWEETNESS AND GLORY OF THE WORD

“How sweet are Thy words unto my taste!” — Psalm 119:103

“More to be desired... than gold...” — Psalm 19:10

Because Christ is in every page:

“They testify of Me.” — John 5:39

Charles Spurgeon said:

“A Bible that is falling apart usually belongs to someone who is not.”

IX. THE WORD THAT ENDURES FOREVER

“Heaven and earth shall pass away, but
My words shall not pass away.” —
Matthew 24:35

“Forever, O LORD, Thy word is settled in
heaven.” — Psalm 119:89

To cling to the Word is to cling to
eternity.

X. THE GREAT NEGLECT AND OUR CALL TO RETURN

And yet—how little time we spend with
Him.

We who have been restored...
We who cry “Abba, Father”...

We who call Him Lord...

And yet we give Him so little of our attention. We spend hardly a few minutes a day in prayers to Him.

My Dearest Christian Family — can love truly thrive without time with our beloved Lord Jesus?

Can intimacy be forged with spending just minutes in prayers with God?

Can communion grow without loving presence?

We have no excuse.

We live after the cross.

After the resurrection.

After the Spirit has been given.

Yet, we are invited—daily—to commune with our Triune God for our good and His glory.

CONCLUSION:

LIVE BY THE WORD, LIVE IN CHRIST

“This is eternal life: that they know You... and Jesus Christ whom You have sent.”
— John 17:3

Not merely to know about Him—
But to know Him lovingly and intimately.

Therefore, my beloved family:

- Sit at His feet
- Open His Word

- Meditate on His truth
- Speak to Him in prayer

Drink deeply of the Word.
Feast daily on the Word.
Breathe the Word continually.
Sing the Word joyfully.

Because in the Word:

- We meet Christ
- We commune with Christ
- We are sanctified by Christ
- We grow to love Christ

And in our beloved Christ:
We are no longer hiding sinners—
We are adopted children.
We are no longer strangers

We are the bride of Christ:
“The marriage of the Lamb has come...”
— Revelation 19:7

Let us cry with the Psalmist:
“O how love I Thy law! It is my
meditation all the day.” — Psalm 119:97

And once again may this be our cry:
“Give me Christ and His Word – or I
perish.”

Much love,
Francis